



# GIS School Camp - Lakewood Lodge - Packing List

- 1. Bedding Sleeping bag or duvet, fitted sheet, pillow and pillow case
- 2. Toiletries and 2 x towels
- 3. 3 x Plastic bags for wet/ dirty clothes
- 4. Torch
- 5. At least 5 x shorts and t shirts
- 6. 1 pair of Jandals/ slides
- 7. 1 pair of sneakers
- 8. 5 pairs of socks
- 9. Swimming togs
- 10. Track pants/jeans
- 11. Gumboots
- 12. Waterproof coat/jacket
- 13. 4 x Warm sweatshirt/ jersey/long sleeve top
- 14. Insect repellent
- 15. Sunhat and sunscreen
- 16. Water bottle x 2
- 17. Packed lunch from home for day 1
- 18. A recyclable container of baking or a packet of biscuits (absolutely NO NUTS)
- 19. Medicine labelled with name, in a ziplock bag to be handed in to Miss Barlow on the morning of departure
- 20. Hand sanitiser
- 21. Foam pad for sleeping
- 22. Plastic fork, spoon, knife, mug
- 23. Day pack (small bag)

## Notes: Please name ALL of your belongings! No phones/ devices to be taken on camp!!

# Student Information - Camp Rules

- 1. The river, climbing wall, stables, flying fox and lake are out of bounds
- 2. Showers and toilets are all in a separate shower block. The showers are hot around 3:30 every day. One 3 minute shower per day.
- 3. Your daily activity programme will be on the whiteboard
- 4. When the bell rings, assemble on the pavers in front of the lodge
- 5. No shoes inside any building
- 6. Don't leave rubbish around the property
- 7. After meals, return your dishes. Eat at a table.
- 8. There are separate containers for recycling paper, plastic and a bucket for food scraps.
- 9. Close all gates behind you.
- 10. Animals be nice and gentle! You can help feed them twice a day.
- 11. There are pool and table tennis tables in the hall you need an adult to supervise.
- 12. Hang wet clothes either on the line on the veranda or behind the barn. Do not leave them on your bunk room floor!





#### Parent information

Dear parents/ guardian,

During your child's stay with us at Lakewood Lodge, we will ensure that they are safe, well fed and of course, have fun! To help us make this happen, there are some final preparations below that we ask to be considered.

### 1. Electronic devices

Lakewood Lodge is a no cell phone camp. We support this to give your child the best experience possible. If at any point you would like to call your child, please arrange this through Siouxzan Barlow, email <a href="mailto:sbarlow@glenfieldint.school.nz">sbarlow@glenfieldint.school.nz</a>

It is also suggested that other electronics stay at home to ensure your child spends the maximum amount of time engaging with their group. Lakewood Lodge takes no responsibility for any property brought to camp. **NO DEVICES ARE ALLOWED TO BE TAKEN TO CAMP.** 

### 2. Visiting your child

Lakewood Lodge aims to create a 'home away from home'. Therefore, we ask that family refrain from visiting during camp. For the safety and protection of the students, any visitors who arrive at camp without prior arrangement will not be permitted on site. No adults, including school staff are allowed to go to camp this year due to COVID restrictions.

### 3. Adequate and appropriate clothing

It is important that your child brings appropriate clothing to camp. We are a farm camp so please do not send your child with clothing that you are not happy with getting muddy and wet. Expensive clothing items are best kept at home. Sunscreen, hat, raincoat and lots of warm clothing are all a must!

#### 4. Risk disclosure statement

Lakewood Lodge's commitment to the safety of its staff and all guests/ participants is at the forefront of its operations with our ongoing staff training scheme, commitment to operating to the health and safety regulations, having up to date policies and procedures in place to ensure we are operating to the highest standards and honouring our commitment to our staff and guests. We must also make all guests and guardians aware of the risks of participating in some of the activities at Lakewood Lodge.

Both the climbing wall and flying fox have a risk of injury or death as the participant is at heights. In saying this, in our 24 years of operation, we have compiled a very vigorous training scheme. We regularly review our practises and safety procedures at all of our activities and we undergo a strict auditing process to ensure we are meeting all safety requirements within the outdoors industry and we are certified by Adventure Mark and Qualmark.

Kayaking is done in water so also carries a risk. At Lakewood Lodge we have the option of both the small river/ stream which runs alongside us or a man made lake in the centre of our property to operate kayaking on. We have very strict procedures around water which ensure we keep every child safe. All children wear buoyancy aids, Senior Instructors will decide if the river or lake will be used depending on weather, water flow, participants abilities and staff undergo a very vigorous training programme to ensure at all times your child is safe.

In our 24 years of operation we have never had any incident on any of our activities and, as stated above, operate to the highest standards and practises.

We thank you for complying with the suggestions above and look forward to meeting your child on camp.

If you would like to check out our website, head to <u>www.lakewoodlodge.co.nz</u> or check out our Facebook page 'Lakewood Lodge'.